

Everyday Radiation

Digital X-Rays have revolutionized healthcare, and with that, have also made getting **dental x-rays safer than flying from LA to New York.**

Beverly Hills Cosmetic and Implant Dentists at Helm | Nejad | Stanley - Dentistry have prepared this infographic to show you how dental x-rays match up!

Eating a banana



Single Tooth X-Ray



Daytrip to Grand Canyon



Full-Mouth X-Rays



Flight From LA to NYC



1 YR living in a brick Building



Yearly Dose from Food



note: figures not to scale and used for illustration purposes only. Sources: BBC, MayoClinic, Guardian