



## Silver Diamine Fluoride (SDF)

### Post-Treatment Protocol

1. Your child had SDF treatment placed @ \_\_\_\_\_AM/PM.
2. Please do not allow your child to eat or drink until \_\_\_\_\_AM/PM.
3. Do not brush your child's teeth tonight. We encourage to floss before bedtime.
4. You may notice darkening of the treated areas as soon as you leave the office. Some areas may darken with time. This is normal.
5. Your child had fluoride varnish placed over the treated areas to extend the period of time the medication is retained on the teeth.
6. If you notice any stains on your child's skin, it will exfoliate on its own in 10-14 days. You can use an exfoliant to accelerate stain removal such as (salt/water slurry, soap/water). Stains on clothes are permanent.
7. Most areas need to be treated with at least 2 applications of SDF within 2-4 weeks.
8. After the second application, you may be instructed to return to the office in 3 to 6 months to reapply/recheck the treated areas for optimal cavity control. After that, yearly applications may be recommended.